



# BREAKFAST

## SANDWICHES AND BURRITOS

**FRIED EGG SANDWICH\* – \$9.99**

Two over medium eggs, bacon, arugula, gouda cheese, and pesto aioli on sourdough toast

**BAGEL SANDWICH – \$8.99**

Two scrambled eggs, ham, and cheddar cheese on toasted bagel

**BACON AVOCADO TOAST – \$11.99**

Fried egg, bacon, queso fresco, habanero honey on sourdough

**MONTE CRISTO – \$11.99**

Sliced Black Forest ham, Swiss cheese and jam sandwiched in two slices of French toast served with roasted potatoes

**DIABLO BURRITO – \$9.99**

Two scrambled eggs, andouille sausage, roasted potatoes, green chilis, pepper jack cheese, and sriracha sour cream in a tortilla

**CHICKEN APPLE BURRITO – \$9.99**

Two scrambled eggs, chicken apple sausage, roasted potatoes, green chilis and cheddar in a flour tortilla

**VEGGIE BURRITO – \$8.99**

Two scrambled eggs, zucchini, mushrooms, onion, peppers and soy cheese in a tortilla

## OMELETS

**\$11.99**

Served with potatoes, tomatoes or toast

**BACON GOUDA**  
with guacamole

**VEGGIE**  
zucchini, onion, mushrooms, and peppers

**MEDITERRANEAN**  
Kalamata olives, mushrooms, cherry tomatoes, capers, spinach, feta, and pesto

**DENVER**  
peppered bacon, ham, peppers, onion, and pepper jack cheese

**HAM AND CHEDDAR**  
Black Forest ham and Tillamook cheddar

**MUSHROOM AND SWISS**  
sauteed organic mushrooms and cheese

## SIDES & EXTRAS

- AVOCADO – 75¢
- ADD BERRIES – \$1.00
- TWO EGGS\* – \$2.99
- PROTEIN – \$2.99
- TOAST WITH JAM – \$2.99
- SAUTEED VEGGIES – \$3.99
- TWO EGGS\* WITH CHEESE OR SPINACH – \$3.99
- PLAIN OATMEAL – \$3.99

## CLASSICS

**9TH STREET BREAKFAST\* – \$8.99**

Two eggs your way, side of protein and choice of potatoes, tomatoes, or toast  
• protein options: bacon, ham, turkey, chicken apple sausage, andouille sausage, vegan links, veggie patties

**BISTRO SCRAMBLE – \$9.99**

Eggs or tofu, zucchini, mushrooms, onion, and peppers served with potatoes, tomatoes, or toast

**FRENCH TOAST – FULL \$8.99 / HALF \$4.99**

White bread wedges dipped in cinnamon swirl batter with powdered sugar on top

**GOLDEN MALT WAFFLE – \$6.99**

GF WAFFLE – \$8.99

**SNOQUALMIE PANCAKE – \$3.99**

GF PANCAKE – \$8.99

**STACK OF 3 PANCAKES – \$9.99**

3 BLUE PANCAKES – \$12.99

**ORGANIC BRULEE OATMEAL – \$6.99**

Dried apples and nuts bruleed with sugar and served with syrup and cream

**ORGANIC BERRY OATMEAL – \$6.99**

Berries served with syrup and cream

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

# COFFEE & MORE

MADE AT OUR JUICE BAR!

## COFFEE & TEA

LOCATED AT OUR DRIP COFFEE BAR

CHOOSE FROM A VARIETY OF DRIP COFFEE

12oz	16oz	20oz	24oz
<b>\$2.99</b>	<b>\$3.29</b>	<b>\$3.59</b>	<b>\$3.89</b>

### YERBA MATE

12oz	16oz	20oz	24oz
<b>\$2.99</b>	<b>\$3.29</b>	<b>\$3.59</b>	<b>\$3.89</b>

### ORGANIC MILK CHOICES

WHOLE • FAT-FREE  
ALMOND • COCONUT  
SOY • HEMP • OAT  
HALF & HALF

### FLAVOR CHOICES

VANILLA  
HAZELNUT  
IRISH CREAM  
BUTTERSCOTCH  
SALTED CARAMEL  
ALMOND  
COCONUT  
MACADAMIA NUT  
ENGLISH TOFFEE  
TOASTED  
MARSHMALLOW  
WHITE CHOCOLATE  
CHOCOLATE  
CARAMEL

*Ask About Our Fruit  
and Seasonal Flavors!*

## OTHER

### FRAPPE

Select your flavor and milk

12oz	16oz	20oz	24oz
<b>\$4.49</b>	<b>\$4.99</b>	<b>\$5.49</b>	<b>\$5.99</b>

### HOT CHOCOLATE OR STEAMER

Select your flavor and milk

12oz	16oz	20oz	24oz
<b>\$3.99</b>	<b>\$4.29</b>	<b>\$4.69</b>	<b>\$4.99</b>

### ITALIAN SODA

12oz	16oz	20oz	24oz
<b>\$3.99</b>	<b>\$4.29</b>	<b>\$4.69</b>	<b>\$4.99</b>

### COLD BREW

12oz	16oz	20oz	24oz
<b>\$4.49</b>	<b>\$5.49</b>	<b>\$6.49</b>	<b>\$7.49</b>



# ESPRESSO & TEA



MADE AT OUR JUICE BAR!

## ESPRESSO

**SINGLE SHOT**

**\$2.29**

**AMERICANO**

Double Shot, Any Size

**\$3.50**

**LATTE/CAPPUCCINO**

12oz	16oz	20oz	24oz
<b>\$4.49</b>	<b>\$4.99</b>	<b>\$5.49</b>	<b>\$5.99</b>

**MOCHA/FLAVORED LATTE**

12oz	16oz	20oz	24oz
<b>\$5.29</b>	<b>\$5.79</b>	<b>\$6.29</b>	<b>\$6.79</b>

## COFFEE OF THE DAY

16oz Double Shot  
Changes Daily!

**\$4.99**

**CUSTOMIZATIONS – 80¢**

- EXTRA SHOT
- EXTRA FLAVOR
- WHITE COFFEE
- MILK ALTERNATIVE

## TEA AND MATE

**ICED TEA**

12oz	16oz	20oz	24oz
<b>\$2.99</b>	<b>\$3.49</b>	<b>\$3.99</b>	<b>\$4.49</b>

**CHAI TEA**

12oz	16oz	20oz	24oz
<b>\$4.49</b>	<b>\$4.99</b>	<b>\$5.49</b>	<b>\$5.99</b>

**MATE LATTE**

12oz	16oz	20oz	24oz
<b>\$4.49</b>	<b>\$4.99</b>	<b>\$5.49</b>	<b>\$5.99</b>

**LAVENDER MATE**

12oz	16oz	20oz	24oz
<b>\$5.29</b>	<b>\$5.79</b>	<b>\$6.29</b>	<b>\$6.79</b>

**HOT TEA BAGS – \$2.25**



# JUICE BAR



MADE WITH ORGANIC INGREDIENTS!

## SIGNATURE JUICES

12oz	16oz	20oz	24oz
\$6.99	\$7.99	\$8.99	\$9.99

### BEETLE JUICE

Beet, apple, kale, pineapple, orange

### CITRUS CITY

Lemon, lime, orange, grapefruit

### CRANTASTIC

Pear, cucumber, mint, cranberry

### ELVIS PARSLEY

Celery, carrot, garlic, beet, parsley

### JUMPSTART

Grapefruit, apple, ginger, spirulina

### MERMAID

Apple, pear, pineapple, wheatgrass, spirulina

### PURPLE RAIN

Apple, grapefruit, blueberry, ginger

### ROYAL FLUSH

Beet, carrot, apple, ginger, lime

### VEGGIE PARADISE

Cucumber, spinach, carrot, celery, cabbage, parsley

## SMOOTHIES

12oz	16oz	20oz	24oz
\$7.49	\$8.49	\$9.49	\$10.49

### BEETING HEART

Apple, carrot, beet, celery, strawberry

### BERRY REFRESHER

Banana, strawberry, blueberry, mango, orange

### CAPTAIN CARROT

Carrot, banana, pineapple, cinnamon

### GILLIGAN'S ISLAND

Orange, pineapple, banana, mango

### GREENMAN

Apple, pear, cucumber, spinach, kale, mint, parsley, lemon, kiwi

### ISLAND GODDESS

Pineapple, mango, banana, kiwi

### SUBLIME

Strawberry, mango, mint, cucumber, beet, lime, apple, pineapple

## PROTEIN SHAKES

12oz	16oz	20oz	24oz
\$7.99	\$8.99	\$9.99	\$10.99

CHOOSE FROM HEMP, PEA, OR WHEY PROTEIN

### COFFEE LOVERS

- Banana
- Vanilla syrup
- Cold brew
- Coconut milk
- Choice of protein

### PEACHY PROTEIN

- Peach
- Apple
- Mango
- Coconut milk
- Choice of protein

### NUTTY PROFESSOR

- Chocolate sauce
- Banana
- Almond milk
- Peanut or Almond butter
- Choice of protein

### MARCUS

- Blueberry
- Mango
- Grape
- Yogurt
- Soy milk
- Choice of protein

# ADDITIONAL JUICES



## BUILD YOUR OWN JUICE

12oz	16oz	20oz	24oz
<b>\$6.99</b>	<b>\$7.99</b>	<b>\$8.99</b>	<b>\$9.99</b>

### BASE

Carrot • Celery • Cucumber • Grapefruit  
Orange • Pear • Apple • Pineapple

### FLAVOR BUILDER

Blueberry • Cranberry • Lemon • Lime  
Grape • Beet • Cabbage • Jalapeno  
Garlic • Kale • Parsley • Spinach

## MAKE IT A SMOOTHIE

12oz	16oz	20oz	24oz
<b>\$7.49</b>	<b>\$7.99</b>	<b>\$8.49</b>	<b>\$8.99</b>
Mango • Peach • Strawberry Kiwi • Banana			



## IN STORE PRODUCE

**\$2.00**/8oz Juicing Fee  
**75¢**/Splash of Ginger

### INFUSIONS

**+\$2.49 Ea**

- Matcha Powder
- Almond Butter
- Peanut Butter
  - Spirulina
  - Yogurt
- Hemp Protein
- Pea Protein
- Whey Protein

1oz Wheatgrass  
**\$3.99**

1oz Ginger  
**\$2.00**

## JUICE OF THE DAY

12oz Juice Changes Daily!

**\$4.99**

### HOT JUICE

12oz	16oz	20oz	24oz
<b>\$6.99</b>	<b>\$7.99</b>	<b>\$8.99</b>	<b>\$9.99</b>

### BUMBLE BEE

Apple, pear, lemon, cardamom, honey

### MONICA

Apple, lime, mint, ginger

### IMMUNITY OVERDRIVE

Orange, grapefruit, lemon, lime, honey,  
ginger, cayenne, turmeric, black pepper

**KICK IN THE PANTS – \$4.00**

Lemon, honey, ginger, turmeric, black pepper, cayenne





# BURGERS

## SIGNATURE FAVORITES

### BLACK AND BLEU – \$13.99

100% Bison patty with blackened seasoning, bleu cheese, lettuce, tomato, and onion on a ciabatta bun with roasted tomato vegan aioli

### CARNIVORE BURGER\* – \$14.99

100% Bison patty, Black Forest ham, peppered bacon, over medium egg, pepper jack cheese, lettuce, tomato, and onion on a ciabatta bun with dijon aioli

### HERBIVORE BURGER – \$12.99

Beyond burger, celebration roast, tempeh, soy cheese, lettuce, tomato, and onion on a vegan pub bun with vegan mayo

### VEGAN BLACK BEAN – \$9.99

House-made bean patty, lettuce, tomato, and onion on a vegan pub bun with roasted vegan tomato aioli

### SOUTHWEST CHICKEN – \$13.99

Non-GMO chicken breast, sauteed anaheim peppers and onion, Swiss cheese on a ciabatta bun with honey habanero cream cheese

## BUILD YOUR OWN BURGER

# \$12.99

### On Pub Bun (or Gluten Free +\$1.00)

INCLUDES YOUR CHOICE OF ORGANIC GREENS OR KETTLE CHIPS!

### PATTY

Grassfed • Beyond • Chicken • Bison (+\$1.00)

### VEGGIES

(limit 4)

Lettuce • Tomato • Jalapeno • Mushroom  
Onion • Pickle • Caramelized Onion

### SAUCE

(limit 2)

Mayo • Vegan Mayo • Pesto  
BBQ Sauce • Stone-Ground Dijon  
Honey Habanero

### ADDITIONS

AVOCADO – 75¢

CHEESE – \$1.00

PROTEIN – \$2.00

\*EGG – \$1.25

EXTRA PATTY – \$5.00



\*Consuming raw or undercooked meats, poultry, seafood shellfish or eggs may increase your risk of foodborne illness.



# SANDWICHES



## SIGNATURE FAVORITES

Includes your choice of organic greens or kettle chips

### FRENCH DIP – \$13.99

Sliced roast beef, caramelized onions, Swiss cheese and horseradish aioli on a hoagie bun served with au jus

### PORTOBELLO MOZZARELLA – \$12.99

Roasted portobello mushrooms with balsamic vinaigrette and garlic, shredded mozzarella, roasted red peppers, tomato, and pesto on toasted sourdough bread

### VEGGIE CLUB – \$13.99

Celebration roast, tempeh, soy cheese, lettuce, tomato, and vegan mayo layered on three slices of wheat bread

### BISTRO CLUB – \$13.99

Sliced turkey, peppered bacon, cheddar cheese, lettuce, tomato, and mayo layered on three slices of wheat bread

### LIGHT OPTIONS – \$5.49

- Grilled cheese
- Peanut butter and jam
- Peanut butter and honey
- Almond butter and jam
- Almond butter and honey

## BUILD YOUR OWN SANDWICH

**HALF - 5.49    WHOLE - 9.99**

### BREAD

Wheat • White • Sourdough  
Hoagie • (GF +1.00)

### SPREAD (limit 2)

Mayo • Vegan Mayo • Pesto  
Stone-Ground Dijon • Hummus  
Olive Tapenade • Roasted Tomato Vegan Aioli

### CHEESE (limit 1)

Cheddar • Gouda • Swiss  
Pepper Jack • Mozzarella  
Vegan

### PROTEIN (limit 1)

Ham • Roast Beef  
Turkey • Chicken • Bacon  
Celebration Roast • Tempeh

### VEGGIES (limit 4)

Lettuce • Tomato • Onion • Spinach • Jalapeno • Cucumber  
Pepperoncini • Pickle • Caramelized Onion

**TRY IT  
TOASTED!**



## WRAPS

### CHICKEN CAESAR WRAP – \$10.99

Non-GMO grilled chicken breast, lettuce, tomato, onion, house Caesar dressing, and parmesan cheese on a flour tortilla

### SALMON CAESAR WRAP – \$13.99

Wild-caught Alaskan salmon, lettuce, tomato, onion, house Caesar dressing, and parmesan cheese on a flour tortilla

### BBQ CHICKEN WRAP – \$10.99

Non-GMO chicken, lettuce, tomato, onion, house ranch dressing, and Stubb's BBQ sauce on a flour tortilla

### THAI CHICKEN WRAP – \$10.99

Non-GMO chicken breast, lettuce, tomato, onion, house peanut sauce on a flour tortilla

### ADDITIONS

- AVOCADO – 75¢
- EXTRA CHEESE – \$1.00
- EXTRA PROTEIN – \$2.00
- EXTRA VEGGIES – 50¢
- SIDE CHIPS – \$1.00
- SIDE SALAD – \$2.99

**ANY MEAT  
OPTION IS JUST  
AS DELICIOUS  
WITH TOFU!**

**Made with organic produce when available!**

Consuming raw or undercooked meats, poultry, seafood shellfish or eggs may increase your risk of foodborne illness.

# SUSHI-RAW INGREDIENTS



## SPICY TUNA ROLL

Rice, tuna, spicy sauce, avocado, cucumber, seaweed, sesame seeds

## SALMON ROLL

Rice, salmon, avocado, cucumber, seaweed, sesame seeds

## THE TOP TRIO

Rice, imitation crab, salmon, tuna, spicy sauce, avocado, cucumber, seaweed, sesame seeds

## CALIFORNIA SUNRISE ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, masago

## THE BIG THREE

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, spicy sauce, sushi sauce, crispy onion, jalapeno, sriracha

## THREE OF A KIND

Rice, imitation crab, salmon, shrimp, avocado, cucumber, seaweed, sesame seeds, spicy sauce, sushi sauce, black sesame seeds

## POKE BOWL

Rice, salmon/tuna, imitation crab, furikake, cucumber, crispy onion, edamame, masago, seaweed salad, Japanese seven spice

## T.S.A. ROLL

Rice, tuna, salmon, avocado, cucumber, seaweed, sesame seeds

## RAINBOW ROLL

Rice, imitation crab, salmon, shrimp, tuna, avocado, cucumber, seaweed, sesame seeds

## HAWAIIAN SUNSET

Rice, imitation crab, tuna, avocado, cucumber, seaweed, sesame seeds, spicy sauce, masago

## OCEAN DELUXE COMBO

Rice, imitation crab, salmon, shrimp, tuna, avocado, cucumber, seaweed, sesame seeds, masago

## NIGIRI (6 pieces)

Rice, salmon, shrimp, tuna

## HAWAIIAN VOLCANO ROLL

Rice, tuna, shrimp tempura, masago, spicy sauce, cucumber, seaweed, sesame seeds

## PHOENIX ROLL

Rice, imitation crab, tuna, avocado, cucumber, seaweed, sesame seeds, spicy sauce, jalapeno, sriracha

## ALASKAN ROLL

Rice, imitation crab, salmon, avocado, cucumber, seaweed, sesame seeds, sushi sauce, black sesame seeds

## RED DRAGON ROLL

Rice, imitation crab, tuna, avocado, cucumber, seaweed, sesame seeds, spicy sauce, black sesame seeds

## TIGER ROLL

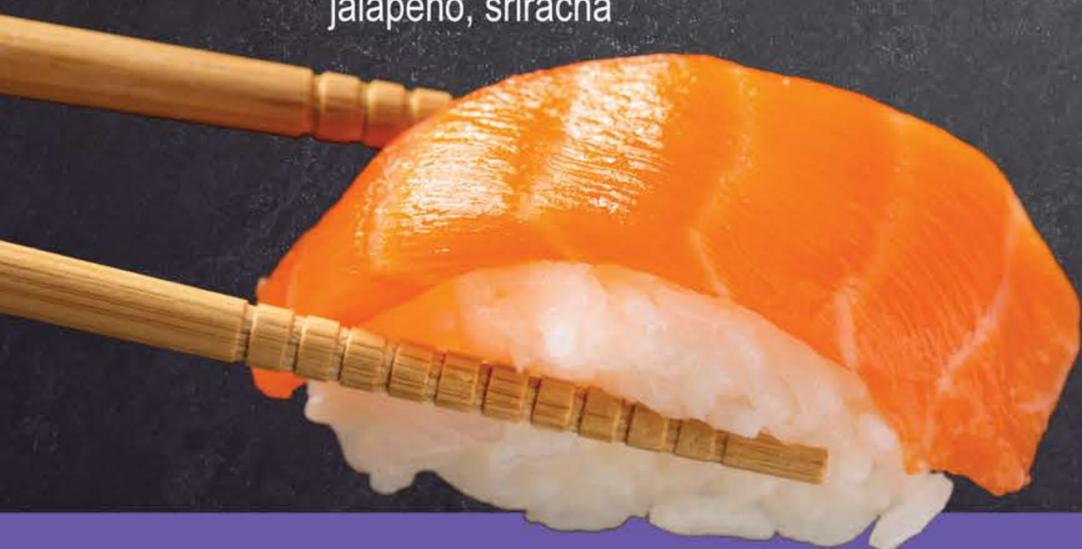
Rice, imitation crab, shrimp, avocado, cucumber, seaweed, sesame seeds

## SUSHI BURRITO – GREAT BIG GIANT

Rice, imitation crab, salmon, tuna, avocado, cucumber, lettuce, seaweed, sesame seeds, spicy sauce, sushi sauce, crispy onion

## SUSHI DONUTS

Rice, imitation crab, salmon, shrimp, tuna, furikake, masago, black sesame seeds



# SUSHI-FULLY COOKED

## CALIFORNIA ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds

## GOLDEN DRAGON ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, spicy sauce, sushi sauce, crispy onion

## TEMPURA SHRIMP ROLL

Rice, imitation crab, shrimp tempura, avocado, cucumber, seaweed, sesame seeds, sushi sauce

## CALI TRIO

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, spicy sauce, sushi sauce, crispy onion

## VEGETARIAN ROLL

Rice, carrot, avocado, cucumber, seaweed, sesame seeds



## PHILLY ROLL

Rice, imitation crab, avocado, cream cheese, cucumber, seaweed, sesame seeds

## SUPER CRUNCH ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, spicy sauce, sushi sauce, crispy onion, tempura crunch

## TEMPURA CRUNCH ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, crispy onion, sriracha

## DYNAMITE ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, spicy sauce, sushi sauce, jalapeno, sriracha

## CATERPILLAR ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds

## WASABI ROLL

Rice, imitation crab, avocado, cucumber, seaweed, sesame seeds, spicy sauce, sushi sauce, wasabi peas



# OMELET & PASTA BAR

## OMELET BAR

SATURDAY AND SUNDAY 7AM-1PM

**\$13.99**

Includes a 16 ounce coffee; a side of potatoes, tomatoes, or toast; and fresh fruit



## PASTA BAR

FRIDAY AND SATURDAY 3:30PM-8:30PM

**\$13.99**

Includes a side green salad and a breadstick

